

HERC HISTORICAL RAW MEET RANKINGS

114 Pound Men's --- Squat

Squat	X- BW	Lifter/YOB/Date lifted/Exact BW	Wrapped
1. 185		Trevor Weeden (11/26/06) 11/16/19 111.2	No
2. 120		Connor Ashby (9/4/2010) 11/21/2020 72.8	No
3. 115		Colten Barnes (2/20/2011) 11/21/2020 75.8	No
4. 102		Giacomo Ston Moritz (1/29/11) 11/21/2020 54	No
5. 95		Matthew McKenna (2/23/2012) 11/21/2020	No
6. 90		Gavin Davis (5/25/2009) 11/21/2020	No

114 Pound Men's --- Bench Press

Bench	X- BW	Lifter/YOB/Date lifted/Exact BW
1. 135		Kayden Berry () 3/13/2021
2. 116		Trevor Weeden (11/26/06) 11/16/19 111.2
3. 115		Ethen Ringer (8/12/08) 6/26/2021 95.0
4. 75		Connor Ashby (9/4/2010) 1/30/2021 73.4
5. 70		Colten Barnes (2/20/2011) 1/30/2021 74.4
6. 70		Emmett Ranck () 3/13/2021
7. 65		Giacomo Ston Moritz (1/29/11) 11/21/2020 54
8. 65		Gavin Davis (5/25/2009) 1/30/2021 86.0
9. 60		Matthew McKenna (2/23/2012) 1/30/2021 102.8

114 Pound Men's --- Deadlift

Deadlift	X- BW	Lifter/YOB/Date lifted/Exact BW
1. 235		Kayden Berry () 3/13/2021
2. 210		Ethen Ringer (8/12/08) 6/26/2021 95.0
3. 200		Trevor Weeden (11/26/06) 11/16/19 111.2
4. 175		Emmett Ranck () 3/13/2021
5. 170		Gavin Davis (5/25/2009) 1/30/2021 86.0
6. 160		Connor Ashby (9/4/2010) 1/30/2021 73.4
7. 160		Colten Barnes (2/20/2011) 1/30/2021 74.4
8. 160		Matthew McKenna (2/23/2012) 1/30/2021 102.8
9. 150		Antonio Soullas (1/6/09) 5/18/2019) 77.4
10. 145		Giacomo Ston Moritz (1/29/11) 11/21/2020 54

114 Pound Men's --- Total

Total	X- BW	Lifter/YOB/Date lifted/Exact BW
1. 501		Trevor Weeden (11/26/06) 11/16/19 111.2
2. 355		Connor Ashby (9/4/2010) 1/30/2021 73.4
3. 326		Colten Barnes (2/20/2011) 11/21/2020 75.8
4. 325		Gavin Davis (5/25/2009) 1/30/2021 86.0
5. 312		Giacomo Ston Moritz (1/29/11) 11/21/2020 54
6. 315		Matthew McKenna (2/23/2012) 1/30/2021 102.8

123 Pound Men's --- Squat

Squat	X- BW	Lifter/YOB/Date lifted/Exact BW	Wrapped
1. 330		Jacob Yankloski (4/27/95) 2/2/2019 120.8	No
2. 280		Daryl Johnson () 6/20/2015 123	

123 Pound Men's --- Bench Press

Bench	X- BW	Lifter/YOB/Date lifted/Exact BW
1. 200		Jacob Yankloski (4/27/95) 2/2/2019 120.8
2. 180		Daryl Johnson () 6/20/2015 123

123 Pound Men's --- Deadlift

Deadlift	X- BW	Lifter/YOB/Date lifted/Exact BW
1. 420		Daryl Johnson () 6/20/2015 123
2. 380		Jacob Yankloski () 5/19/2018 122.0

123 Pound Men's --- Total

Total	X- BW	Lifter/YOB/Date lifted/Exact BW
1. 905		Jacob Yankloski (4/27/95) 2/2/2019 120.8
2. 880		Daryl Johnson () 6/20/2015 123

132 Pound Men's --- Squat

Squat	X- BW	Lifter/YOB/Date lifted/Exact BW
1. 330		Daryl Johnson () 2/18/17 126.8
2. 225		Rawn Prowell () 11/17/18 128.6 Wrapped

132 Pound Men's --- Bench Press

Bench	X- BW	Lifter/YOB/Date lifted/Exact BW
1. 195		Daryl Johnson () 7/16/2016 125.8
2. 145		Rawn Prowell () 11/17/18 128.6

132 Pound Men's --- Deadlift

Deadlift	X- BW	Lifter/YOB/Date lifted/Exact BW
1. 420		Daryl Johnson () 2/18/17 126.8
2. 300		Rawn Prowell () 11/17/18 128.6

132 Pound Men's --- Total

Total	X- BW	Lifter/YOB/Date lifted/Exact BW
1. 945		Daryl Johnson () 2/18/17 126.8
2. 670		Rawn Prowell () 11/17/18 128.6

148 Pound Men's --- Squat

	Squat	X- BW	Lifter/YOB/Date lifted/Exact BW	Wrapped
1.	415		Wayne Cook (3/20/96) 5/19/2018 145.4	Yes
2.	385		Anthony Meola (11/14/89) 2/2/2019 143.2	No
3.	345		Lucas Yankloski (9/30/97) 11/18/17 144.8	No
4.	320		Graham Leggat (5/24/95) 6/3/2017 144.2	No
5.	290		Alex Devine (4/16/97) 2/2/2019 147.8	No
6.	265		Michael Moore (6/8/66) 2/3/18 148.4	No
7.	255		Jacob Smith () 5/19/2018 148.2	Yes
8.	205		Daniel Flynn (11/4/02) 8/26/2017 143.4	No
9.	190		Magnuss McVicar () 2/18/2017 146.4	

148 Pound Men's --- Bench Press

	Bench	X- BW	Lifter/YOB/Date lifted/Exact BW
1.	265		Anthony Meola (11/14/89) 2/2/2019 143.2
2.	255		Wayne Cook (3/20/96) 11/18/17 146.2
3.	235		Lucas Yankloski (9/30/97) 11/18/17 144.8
4.	235		Michael Moore (6/8/66) 2/3/18 148.4
5.	225		Alex Devine (4/16/97) 2/2/2019 147.8
6.	215		Graham Leggat (5/24/95) 6/3/2017 144.2
7.	175		Jacob Smith () 5/19/2018 148.2
8.	170		Magnuss McVicar () 2/18/2017 146.4
9.	160		Daniel Flynn (11/4/02) 8/26/2017 143.4
10.	60		Trent Bryson () 3/13/2021

148 Pound Men's --- Deadlift

	Deadlift	X- BW	Lifter/YOB/Date lifted/Exact BW
1.	475		Wayne Cook (3/20/96) 11/18/17 146.2
2.	455		Anthony Meola (11/14/89) 2/2/2019 143.2
3.	405		Lucas Yankloski (9/30/97) 11/18/17 144.8
4.	390		Alex Devine (4/16/97) 2/2/2019 147.8
5.	320		Jacob Smith () 5/19/2018 148.2
6.	310		Magnuss McVicar () 2/18/2017 146.4
7.	305		Daniel Flynn (11/4/02) 8/26/2017 143.4
8.	325		Michael Moore (6/8/66) 2/3/18 148.4
9.	285		Graham Leggat (5/24/95) 6/3/2017 144.2
10.	165		Trent Bryson () 3/13/2021

148 Pound Men's --- Total

	Total	X- BW	Lifter/YOB/Date lifted/Exact BW
1.	1105		Anthony Meola (11/14/89) 2/2/2019 143.2
2.	1095		Wayne Cook (3/20/96) 11/18/17 146.2
3.	985		Lucas Yankloski (9/30/97) 11/18/17 144.8
4.	905		Alex Devine (4/16/97) 2/2/2019 147.8
5.	825		Michael Moore (6/8/66) 2/3/18 148.4
6.	820		Graham Leggat (5/24/95) 6/3/2017 144.2
7.	750		Jacob Smith () 5/19/2018 148.2
8.	670		Magnuss McVicar () 2/18/2017 146.4
9.	670		Daniel Flynn (11/4/02) 8/26/2017 143.4

Updated June 27, 2021

165 Pound Men's --- Squat

	Squat	X- BW Wrapped	Lifter/YOB/Date lifted/Exact BW	
1.	525		Anthony Pirie (2/5/92) 11/18/2017 163.2	Yes
2.	510		James Wells (1/18/95) 11/16/2019 163.8	Yes
3.	450		John Wells () 6/20/2015	
4.	435		Joe Rosato () 3/27/2021 165.1	Yes
5.	430		Frank Meola (7/21/92) 2/2/2019 163.6	Yes
6.	430		Lucas Yankloski (9/30/97) 2/2/2019 162.2	No
7.	415		Aaron Bennett (10/18/93) 2/2/2019 164.4	Yes
8.	405		David Cangialosi Jr (9/11/91) 164.4	No
9.	405		James Nowack (7/11/96) 2/2/2019 163.0	No
10.	385		Ezequiel Ortiz () 2/18/2017 163.6	Yes
11.	375		Marion Hebert () 2/18/2017 163.8	
12.	370		Daniel Pelow (10/4/89) 2/3/18 162.8	No
13.	360		Eddie Lianos () 3/27/2021 165	
14.	355		Santana Deanda (11/29/97) 11/18/2017 160.2	
15.	350		Stephen Caserta () 11/21/2015	
16.	350		Jonah Geremiah (10/16/95) 2/3/18	Yes
17.	350		James Benedict (4/9/05) 5/19/18 162.6	Yes
18.	335		Ryan Dieffenderfer (1/28/90) 1/30/2021 165.2	
19.	330		Zachary Szigeti (7/20/01) 8/4/2018 165.2	
20.	325		Jon Caldwell () 6/20/2015	

165 Pound Men's --- Bench Press

	Bench	X- BW	Lifter/YOB/Date lifted/Exact BW
1.	350		James La Tray () 6/18/2016, 165.2
2.	345		Aaron Bennett (10/18/93) 2/2/2019 164.4
3.	335		John Wells () 6/20/2015
4.	330		James Wells (1/18/95) 11/16/2019 163.8
5.	315		David Cangialosi Jr. (9/11/91) 11/18/2017 163.0
6.	305		Anthony Pirie (2/5/92) 11/18/2017 163.2
7.	290		Dylan Molchanoff () 11/21/2015
8.	285		Paul Mallette (3/9/95) 11/18/17 157.8
9.	285		Daniel Pelow (10/4/89) 2/3/18 162.8
10.	285		Lucas Yankloski () 5/19/2018 161.4
11.	285		Joe Rosato () 3/27/2021 165.1
12.	275		Marion Hebert () 2/18/2017 163.8
13.	275		Anthony Sciametti (2/13/97) 6/3/2017 163.4
14.	275		Santana Deanda (11/29/97) 11/18/2017 160.2
15.	275		Jonah Geremiah (10/16/95) 2/3/18
16.	275		Frank Meola (7/21/92) 2/2/2019 163.6
17.	275		Eddie Lianos () 3/27/2021 165
18.	265		Ezequiel Ortiz () 2/18/2017 163.6
19.	245		Michael Moore (6/28/66) 11/18/2017 159.0
20.	240		Joe Falcone () 11/17/18

165 Pound Men's --- Deadlift

	Deadlift	X- BW	Lifter/YOB/Date lifted/Exact BW
1.	575		Jonah Geremiah (10/16/95) 2/3/18
2.	545		Anthony Pirie (2/5/92) 11/18/2017 163.2
3.	515		John Wells () 6/20/2015

4.	505	Aaron Bennett (10/18/93) 2/2/2019 164.4
5.	500	Joe Rosato () 3/27/2021 165.1
6.	495	Frank Meola (7/21/92) 2/2/2019 163.6
7.	475	David Cangialosi Jr (9/11/91) 164.4
8.	475	Lucas Yankloski (9/30/97) 2/2/2019 162.2
9.	475	James Wells (1/18/95) 11/16/2019 163.8
10.	465	John Martucelli () 2/18/2017 161.8
11.	455	Anthony Sciametti () 2/18/2017 158.8
12.	450	Santana Deanda (11/29/97) 11/18/2017 160.2
13.	435	Daniel Pelow (10/4/89) 2/3/18 162.8
14.	435	James Nowack (7/11/96) 2/2/2019 163.0
15.	430	James Benedict (4/9/02) 11/18/07 162.2
16.	425	Stephen Caserta () 11/21/2015
17.	420	Jon Caldwell () 6/20/2015
18.	415	Dylan Molchanoff () 11/21/2015
19.	415	Ezequiel Ortiz () 2/18/2017 163.6
20.	410	Zachary Szigeti (7/20/01) 8/4/2018 165.2

165 Pound Men's --- Total

Total	X- BW	Lifter/YOB/Date lifted/Exact BW
1. 1375		Anthony Pirie (2/5/92) 11/18/2017 163.2
2. 1315		James Wells (1/18/95) 11/16/2019 163.8
3. 1300		John Wells () 6/20/2015
4. 1265		Aaron Bennett (10/18/93) 2/2/2019 164.4
5. 1230		Joe Rosato () 3/27/2021 165.1
6. 1200		Jonah Jeremiah (10/16/95) 2/3/18
7. 1200		Frank Meola (7/21/92) 2/2/2019 163.6
8. 1185		David Cangialosi Jr (9/11/91) 164.4
9. 1185		Lucas Yankloski (9/30/97) 2/2/2019 162.2
10. 1090		Daniel Pelow (10/4/89) 2/3/18 162.8
11. 1085		Santana Deanda (11/29/97) 11/18/2017 160.2
12. 1065		Ezequiel Ortiz () 2/18/2017 163.6
13. 1065		James Nowack (7/11/96) 2/2/2019 163.0
14. 1055		Marion Hebert () 2/18/2017 163.8
15. 1045		Eddie Lianos () 3/27/2021 165
16. 1025		John Martucelli () 2/18/2017 161.8
17. 965		Jon Caldwell () 6/20/2015
18. 965		James Benedict (4/9/05) 5/19/18 162.6
19. 940		Zachary Szigeti (7/20/01) 8/4/2018 165.2
20. 925		Ryan Dieffenderfer (1/28/90) 1/30/2021 165.2

181 Pound Men's --- Squat

Squat	X- BW	Lifter/YOB/Date lifted/Exact BW
1. 730		Anthony Hobaica () 11/05/2016 179.6 wrapped
2. 710		Marcus Morris () 11/18/2017 181.4 wrapped
3. 650		Joe Ryan (7/1/91) 11/16/2019 180.6 wrapped
4. 550		Christian Garcilazo (5/14/1992) 180.2
5. 505		Ted de Ment () 11/05/2016 180.2
6. 495		Noah Urbanski (7/15/99) 11/16/2019 180.6
7. 485		Darren McGreevy () 11/17/18 179.8
8. 460		Jason Irorio () 11/05/2016 180.6 wrapped
9. 455		Matt Baio () 5/19/2018 180.2
10. 450		Anthony Kite () 11/05/2016 178.6
11. 445		Steve Grosso () 6/20/2015
12. 440		Adam Perkel (9/30/1990) 176.8
13. 435		Jonah Geremiah () 6/20/2015
14. 430		Evan Stone (10/12/00) 5/19/2018 179.6 wrapped
15. 430		Michael Cellini () 11/17/18 181.0
16. 430		Andrew Clark () 3/27/2021 178.2 wrapped
17. 425		John Martucelli (5/29/97) 8/26/2017 178.4
18. 425		Jacob Topple () 11/17/2018 178.0
19. 415		Ryan Morse (7/14/92) 8/4/2018 178.6
20. 410		Jason Tanoory () 11/05/2016

181 Pound Men's --- Bench Press

Bench	X- BW	Lifter/YOB/Date lifted/Exact BW
1. 485		Anthony Hobaica () 11/05/2016 179.6
2. 430		Joe Ryan (7/1/91) 11/16/2019 180.6
3. 385		Matthew Sullivan () 11/21/2015
4. 385		James La Tray () 6/20/2015
5. 365		Michael Walley (7/1/95) 11/18/2017 181.6
6. 365		Marcus Morris () 11/18/2017 181.4
7. 345		Anthony Kite () 11/05/2016 178.6
8. 340		Christian Garcilazo (5/14/1992) 180.2
9. 335		Ryan Mellish () 8/26/2017 170.8
10. 325		Matt Baio () 5/19/2018 180.2
11. 325		Darren McGreevy () 11/17/18 179.8
12. 325		Noah Urbanski (7/15/99) 11/16/2019 180.6
13. 320		Adam Perkel (9/30/1990) 176.8
14. 315		Joseph Pancari () 11/05/2016 175.6
15. 315		Anthony Franco () 3/27/2021 179.3
16. 310		Jonah Geremiah () 6/20/2015
17. 300		Jimmie Abraham (3/28/94) 11/18/2017 180.0
18. 300		Alex Carbone (4/27/73) 11/21/2020 176.0
19. 295		Glen Maldonado () 6/20/2015
20. 295		Ryan Slavick () 6/20/2015

181 Pound Men's --- Deadlift

Deadlift	X- BW	Lifter/YOB/Date lifted/Exact BW
1. 685		Anthony Hobaica () 11/05/2016 179.6
2. 670		Marcus Morris () 11/18/2017 181.4
3. 595		Noah Urbanski (7/15/99) 11/16/2019 180.6
4. 575		Christian Garcilazo () 5/19/2018 180.0
5. 570		Jimmie Abraham (3/28/94) 11/18/2017 180.0
6. 565		Jonah Geremiah () 6/20/2015
7. 560		Michael Cellini () 11/17/18 181.0
8. 550		Evan Stone (10/12/00) 5/19/2018 179.6

9.	545	John Martucelli (5/29/97) 8/26/2017 178.4
10.	545	Alex Carbone (4/27/73) 11/21/2020 176.0
11.	530	Jacob Topple () 11/17/2018 178.0
12.	530	Darren McGreevy () 11/17/18 179.8
13.	525	Anthony Kite () 11/05/2016 178.6
14.	525	Joe Ryan (7/1/91) 11/16/2019 180.6
15.	505	Matthew Barnell () 5/19/2018 175.8
16.	500	Matt Baio () 5/19/2018 180.2
17.	500	Ryan Morse (7/14/92) 8/4/2018 178.6
18.	500	Andrew Clark () 3/27/2021 178.2
19.	495	Glen Maldonado () 6/20/2015
20.	485	Ryan Mellish() 8/26/2017 170.8

181 Pound Men's --- Total

Total	X- BW	Lifter/YOB/Date lifted/Exact BW
1.	1900	Anthony Hobaica () 11/05/2016 179.6
2.	1745	Marcus Morris () 11/18/2017 181.4
3.	1605	Joe Ryan (7/1/91) 11/16/2019 180.6
4.	1440	Christian Garcilazo (5/14/1992) 180.2
5.	1415	Noah Urbanski (7/15/99) 11/16/2019 180.6
6.	1380	Christian Garcilazo () 5/19/2018 180.0
7.	1340	Darren McGreevy () 11/17/18 179.8
8.	1320	Anthony Kite () 11/05/2016 178.6
9.	1280	Jonah Jeremiah () 6/20/2015
10.	1280	Matt Baio () 5/19/2018 180.2
11.	1275	Jimmie Abraham (3/28/94) 11/18/2017 180.0
12.	1265	John Martucelli (5/29/97) 8/26/2017 178.4
13.	1265	Michael Cellini () 11/17/18 181.0
14.	1240	Adam Perkel (9/30/1990) 176.8
15.	1230	Michael Walley (7/1/95) 11/18/2017 181.6
16.	1230	Alex Carbone (4/27/73) 11/21/2020 176.0
17.	1215	Andrew Clark () 3/27/2021 178.2
18.	1200	Evan Stone (10/12/00) 5/19/2018 179.6
19.	1200	Jacob Topple () 11/17/2018 178.0
20.	1195	Jason Iriorio () 11/05/2016 180.6

198 Pound Men's --- Squat

Squat	X- BW	Lifter/YOB/Date lifted/Exact BW	Wrapped
1. 725		Akeel Gaines (10/6/82) 8/26/2017 195	Yes
2. 575		Daniel Predmore () 11/05/2016 195.6	
3. 565		Damir Hadzalic (5/28/92) 197.4	Yes
4. 565		Justin Grygas (9/13/83) 7/13/2019 197.2	Yes
5. 540		Sa-id Shakir () 11/21/2015	
6. 540		Craig Recore () 11/21/2015	
7. 540		Blaine Stottlar (6/2/92) 7/13/2019	Yes
8. 500		Mike Cellini (9/23/97) 5/18/2019 190.4	
9. 480		Brian Nguyen () 11/21/2015	
10. 475		Calvin Halfacre (10/8/95) 6/3/2017 197.4	Yes
11. 470		Collin Stirpe (9/28/94) 5/18/2019 192.8	
12. 465		Nicholas Dale (8/9/93) 7/73/2019	Yes
13. 460		Stephen Marx () 11/21/2015	
14. 460		Andrew Koch (2/4/97) 5/18/2019 195.8	
15. 460		Nick Labella () 3/27/2021 195.9	No
16. 455		Darren McGreevy () 11/05/2016 196.8	
17. 450		Joshua Davidson () 11/21/2015	
18. 450		William Scholl (5/6/63) 6/3/2017 195.2	Yes
19. 450		Bryce Simms (9/5/95) 2/2/2019 189.2	Yes
20. 440		Josh Dern () 6/20/2015	

198 Pound Men's --- Bench Press

Bench	X- BW	Lifter/YOB/Date lifted/Exact BW
1. 435		Akeel Gaines (10/6/82) 8/26/2017 195
2. 430		Jose Graham () 6/18/2016, 197.4
3. 410		Chris Soullas () 5/18/2019 196.2
4. 405		Kelvin Melton II (8/13/90) 1/30/2021 196.8
5. 380		Daniel Predmore () 11/05/2016 195.6
6. 375		Justin Grygas (9/13/83) 7/13/2019
7. 355		Josh Dern () 6/20/2015
8. 350		Craig Recore () 11/21/2015
9. 350		Tim Coe (4/21/92) 11/18/2017 195.4
10. 350		Andrew Koch (2/4/97) 5/18/2019 195.8
11. 340		Sa-id Shakir () 11/21/2015
12. 340		Darren McGreevy () 11/05/2016 196.8
13. 340		Alex Carbone () 3/27/2021 195.3
14. 340		Brendan Schultz () 3/27/2021 197.2
15. 335		Teddy McBride () 6/20/2015
16. 335		Christopher Cumberbatch (9/20/79) 11/18/17
17. 335		Damir Hadzalic (5/28/92) 11/18/2017 196.8
18. 330		Stephen Marx () 11/21/2015
19. 330		Calvin Halfacre () 2/18/2017 194.8
20. 330		Jacob Gugino (1/15/98) 11/18/2017 191.6

198 Pound Men's --- Deadlift

Deadlift	X- BW	Lifter/YOB/Date lifted/Exact BW
1. 675		Akeel Gaines (10/6/82) 5/19/2018 195.6
2. 650		Sa-id Shakir () 11/21/2015
3. 640		Kelvin Melton II (8/13/90) 1/30/2021 196.8
4. 635		Craig Recore () 11/21/2015

5.	635	Brendan Schultz () 3/27/2021 197.2
6.	630	Chris Soullas () 5/18/2019 196.2
7.	610	Collin Stirpe (9/28/94) 5/18/2019 192.8
8.	585	Andrew Koch (2/4/97) 5/18/2019 195.8
9.	575	Mike Cellini (9/23/97) 5/18/2019 190.4
10.	570	Daniel Predmore () 11/21/2015
11.	565	Justin Grygas (9/13/83) 7/13/2019 197.2
12.	565	Tim Coe (4/21/92) 5/18/2019 198.2
13.	565	Nick Labella () 3/27/2021 195.9
14.	555	Damir Hadzalic (5/28/92) 11/18/2017 196.8
15.	555	Blaine Stottlar (6/2/92) 7/13/2019
16.	550	Teddy McBride () 6/20/2015
17.	550	Calvin Halfacre (10/8/95) 6/3/2017 197.4
18.	550	Nick Labella () 3/27/2021 195.9
19.	540	Stephen Marx () 11/21/2015
20.	540	Daniel Fowler (8/13/90) 6/3/2017 198.0

198 Pound Men's --- Total

	Total	X- BW	Lifter/YOB/Date lifted/Exact BW
1.	1820		Akeel Gaines (10/6/82) 8/26/2017 195
2.	1530		Sa-id Shakir () 6/20/2015
3.	1525		Craig Recore () 11/21/2015
4.	1510		Daniel Predmore () 11/21/2015
5.	1505		Justin Grygas (9/13/83) 7/13/2019 197.2
6.	1455		Chris Soullas () 5/18/2019 196.2
7.	1425		Damir Hadzalic (5/28/92) 11/18/2017 196.8
8.	1395		Andrew Koch (2/4/97) 5/18/2019 195.8
9.	1380		Collin Stirpe (9/28/94) 5/18/2019 192.8
10.	1360		Mike Cellini (9/23/97) 5/18/2019 190.4
11.	1345		Calvin Halfacre (10/8/95) 6/3/2017 197.4
12.	1345		Blaine Stottlar (6/2/92) 7/13/2019
13.	1330		Stephen Marx () 11/21/2015
14.	1315		Nick Labella () 3/27/2021 195.9
15.	1300		Darren McGreevy () 11/05/2016 196.8
16.	1290		Nick Labella () 3/27/2021 195.9
17.	1285		Josh Dern () 6/20/2015
18.	1285		Brian Nguyen () 11/21/2015
19.	1285		Tim Coe (4/21/92) 5/18/2019 198.2
20.	1280		Teddy McBride () 6/20/2015

220 Pound Men's --- Squat

Squat	X- BW	Lifter/YOB/Date lifted/Exact BW	Wrapped
1. 700		Adam Ferchen () 6/20/2015	
2. 700		Jeremy Hillyard () 11/21/2015	
3. 675		Jose Rodriguez (8/4/95) 11/16/2019	Yes
4. 685		Sa-id Shakir () 11/05/2016 217.4	
5. 685		Durell Cull (3/21/86) 8/4/2018 218.6	Yes
6. 665		Mark Chieco () 11/05/2016 219.8	
7. 640		Dan Predmore (6/1/94) 8/26/2017 213.2	Yes
8. 635		Robert Saeva () 11/21/2015	
9. 625		Joe Casero () 11/05/2016 218.2	
10. 620		Kyle Sheridan (11/8/89) 5/18/2018 216.4	No
11. 615		Ed DiBari (10/18/67) 11/16/2019 220.0	Yes
12. 585		Chris Caban (8/3/93) 7/13/2019 198.2	No
13. 575		Brandon Curry / () 5/19/2018 218.4	Yes
14. 570		Alex Seamans (7/23/95) 6/3/2017 214.2	Yes
15. 570		Blaine Stottler () 3/27/2021 200.1	No
16. 565		Dom Gonzalez () 2/18/2017 220.2	Yes
17. 565		Jason Goracy (4/23/85) 11/21/2020 217.6	Yes
18. 550		Mike Johnson () 11/17/18 214.8	Yes
19. 550		Darren McGreevy () 3/27/2021 216.2	Yes
20. 545		Jason Goracy () 3/27/2021 219.2	No

220 Pound Men's --- Bench Press

Bench	X- BW	Lifter/YOB/Date lifted/Exact BW
1. 530		Mark Chieco () 11/05/2016 219.8
2. 485		Durell Cull (3/21/86) 2/3/2018 218.8
3. 450		Scott Rowe () 6/20/2015
4. 440		Kris Dulmer () 11/21/2015
5. 435		Adam Ferchen () 6/20/2015
6. 420		Jose Rodriguez (8/4/95) 11/16/2019
7. 420		Matt Nagurney () 3/27/2021 218.0
8. 415		Thomas DiCarlo () 11/5/2016 209.0
9. 415		Ed DiBari (10/18/67) 11/16/2019 220.0
10. 410		Dan Predmore (6/1/94) 8/26/2017 213.2
11. 390		Jason Goracy (4/23/85) 11/21/2020 217.6
12. 380		Adam Struppler () 11/21/2015
13. 380		Judd Long () 11/7/2020 216
14. 385		Robert Saeva () 11/18/2017 220.2
15. 385		Geoff Roberts (2/27/87) 2/2/2019 213.8
16. 380		Jason Goracy () 3/27/2021 219.2
17. 375		Luke Bright () 6/20/2015
18. 375		Alexander Mix (5/23/86) 11/18/2017 203.2
19. 370		Justin Droke () 11/05/2016 219.4
20. 370		Alex Seamans (7/23/95) 6/3/2017 214.2

220 Pound Men's --- Deadlift

Deadlift	X- BW	Lifter/YOB/Date lifted/Exact BW
1. 770		Kyle Sheridan (11/8/89) 5/18/2018 216.4
2. 750		Lucas Johnson () 3/27/2021 219.4
3. 710		Durell Cull (3/21/86) 2/3/2018 218.8
4. 700		Adam Ferchen () 6/20/2015

5.	685	Geoff Roberts (2/27/87) 2/2/2019 213.8
6.	660	Luke Bright () 6/20/2015
7.	650	Robert Saeva () 11/21/2015
8.	650	Sa-id Shakir () 11/05/2016 217.4
9.	640	Chris Caban (8/3/93) 7/13/2019 198.2
10.	630	Mynor Gonzalez () 5/19/2018 219.4
11.	625	Joe Casero () 11/05/2016 218.2
12.	625	Brian Skelly () 2/18/2017 205.6
13.	615	Mark Chieco () 11/05/2016 219.8
14.	615	Brandon Curry () 5/19/2018 218.4
15.	615	Jack DelMinno () 3/27/2021 199.3
16.	600	Dom Gonzalez () 2/18/2017 220.2
17.	600	Jose Rodriguez (8/4/95) 11/16/2019
18.	580	Adam Struppler () 11/21/2015
19.	585	Shane Darnofall (5/24/84) 8/4/2018 216.0
20.	585	Ed DiBari (10/18/67) 11/16/2019 220.0

220 Pound Men's --- Total

	Total	X- BW	Lifter/YOB/Date lifted/Exact BW
1.	1865		Durell Cull (3/21/86) 2/3/2018 218.8
2.	1835		Adam Ferchen () 6/20/2015
3.	1810		Mark Chieco () 11/05/2016 219.8
4.	1750		Kyle Sheridan (11/8/89) 5/18/2018 216.4
5.	1695		Jose Rodriguez (8/4/95) 11/16/2019
6.	1685		Sa-id Shakir () 11/05/2016 217.4
7.	1665		Robert Saeva () 11/21/2015
8.	1615		Ed DiBari (10/18/67) 11/16/2019 220.0
9.	1605		Joe Casero () 11/05/2016 218.2
10.	1600		Jeremy Hillyard () 11/21/2015
11.	1600		Dan Predmore (6/1/94) 8/26/2017 213.2
12.	1555		Brandon Curry () 5/19/2018 218.4
13.	1530		Chris Caban (8/3/93) 7/13/2019 198.2
14.	1520		Dom Gonzalez () 2/18/2017 220.2
15.	1520		Jason Goracy (4/23/85) 11/21/2020 217.6
16.	1510		Kris Dulmer () 11/05/2016 220.2
17.	1510		Alex Seamans (7/23/95) 6/3/2017 214.2
18.	1470		Brian Skelly () 2/18/2017 205.6
19.	1470		Jason Goracy () 3/27/2021 219.2
20.	1465		Darren McGreevy (11/30/89) 11/21/2020 213.2

242 Pound Men's --- Squat

Squat	X- BW	Lifter/YOB/Date lifted/Exact BW	Wrapped
1. 800		Mark Chieco (8/30/77) 5/19/2018 238.4	Yes
2. 775		Dan Predmore (6/1/94) 5/18/2019 231.2	Yes
3. 740		Julian Alessi (3/30/87) 4/3/2021 239.8	Yes
4. 725		Joshua Walker () 11/17/18 238.8	Yes
5. 725		Zachariah Mauro (4/3/91) 11/21/2020 241.0	Yes
6. 725		Mark Chieco () 3/27/2021 239.8	Yes
7. 715		Kyle Sheridan () 11/21/2015	
8. 700		Luigi Fagiani () 6/20/15	
9. 700		Durell Cull (3/21/86) 7/13/2019 240.8	Yes
10. 695		Luke Graham () 3/27/2021 239.0	Yes
11. 675		Brian Devins (7/5/87) 11/21/2020 235.0	Yes
12. 675		Anthony Jackson (12/7/92) 11/21/2020 241.2	Yes
13. 675		Adam Stewart () 3/27/2021 235.1	Yes
14. 615		Ethan Dreiblatt (2/12/96) 7/13/2019 238.2	Yes
15. 615		Andy Mucica () 3/27/2021 231.8	Yes
16. 600		Alex Alexander () 11/21/2015	
17. 590		Ryan Robertson (2/19/01) 11/16/2019 239.0	Yes
18. 575		Eddie Wilson () 11/21/2015	
19. 575		Ryan Hannon () 2/18/2017 241.2	Yes
20. 575		Isaac Havens (6/17/98) 7/13/2019	Yes

242 Pound Men's --- Bench Press

Bench	X- BW	Lifter/YOB/Date lifted/Exact BW
1. 575		Mark Chieco (8/30/77) 5/19/2018 238.4
2. 500		Durell Cull (3/21/86) 7/13/2019 240.8
3. 475		Dan Predmore (6/1/94) 5/18/2019 231.2
4. 450		Anthony Jackson (12/7/92) 11/21/2020 241.2
5. 445		Alex Alexander () 11/21/2015
6. 440		Luigi Fagiani () 6/20/15
7. 440		Joshua Walker () 11/17/18 238.8
8. 435		Julian Alessi (3/30/87) 4/3/2021 239.8
9. 430		Ryan Hannon () 2/18/2017 241.2
10. 430		Kris Dulmer (7/8/75) 2/3/18 236.8
11. 415		James La Grange () 7/16/2016 240.8
12. 415		Luke Graham () 3/27/2021 239.0
13. 410		Ted Damiano (5/15/86) 5/18/2019 238.2
14. 405		Romie Sigmon III () 11/21/2015
15. 405		Ted Damiano () 5/19/2018 233.8
16. 405		Dustin Taubert (7/8/93) 8/4/2018 237.2
17. 405		Ethan Dreiblatt (2/12/96) 7/13/2019 238.2
18. 400		Eddie Wilson () 11/21/2015
19. 390		Justin Droke (10/5/90) 6/3/2017 239.2
20. 390		Shane Darnofall () 11/17/18 230.6

242 Pound Men's --- Deadlift

Deadlift	X- BW	Lifter/YOB/Date lifted/Exact BW
1. 800		Luigi Fagiani () 6/20/15
2. 755		Luke Graham () 3/27/2021 239.0
3. 730		Alex Alexander () 11/21/2015
4. 730		Adam Stewart () 3/27/2021 235.1

5.	715	Brian Devins (7/5/87) 11/21/2020 235.0
6.	700	Durell Cull (3/21/86) 7/13/2019 240.8
7.	705	Kyle Sheridan () 11/21/2015
8.	700	Ryan Hannon () 2/18/2017 241.2
9.	700	Jared Clark () 5/19/2018 268.4
10.	660	Eddie Wilson () 11/21/2015
11.	670	Ethan Dreiblatt (2/12/96) 7/13/2019 238.2
12.	660	Mark Chieco (8/30/77) 5/19/2018 238.4
13.	660	Andy Mucica () 3/27/2021 231.8
14.	645	Julian Alessi (3/30/87) 4/3/2021 239.8
15.	635	Joshua Walker () 11/17/18 238.8
16.	635	Ryan Robertson (2/19/01) 11/16/2019 239.0
17.	635	Zachariah Mauro (4/3/91) 11/21/2020 241.0
18.	625	Benford Henry () 2/18/2017 230.2
19.	625	Thomas Coene (1/24/98) 6/3/2017 235.4
20.	620	Ryan Hannon () 6/20/2015

242 Pound Men's --- Total

	Total	X- BW	Lifter/YOB/Date lifted/Exact BW
1.	2035		Mark Chieco (8/30/77) 5/19/2018 238.4
2.	1940		Luigi Fagiani () 6/20/15
3.	1900		Durell Cull (3/21/86) 7/13/2019 240.8
4.	1880		Mark Chieco () 3/27/2021 239.8
5.	1865		Luke Graham () 3/27/2021 239.0
6.	1820		Julian Alessi (3/30/87) 4/3/2021 239.8
7.	1805		Kyle Sheridan () 11/21/2015
8.	1800		Joshua Walker () 11/17/18 238.8
9.	1780		Brian Devins (7/5/87) 11/21/2020 235.0
10.	1775		Alex Alexander () 11/21/2015
11.	1770		Adam Stewart () 3/27/2021 235.1
12.	1745		Zachariah Mauro (4/3/91) 11/21/2020 241.0
13.	1705		Ryan Hannon () 2/18/2017 241.2
14.	1700		Anthony Jackson (12/7/92) 11/21/2020 241.2
15.	1650		Andy Mucica () 3/27/2021 231.8
16.	1635		Eddie Wilson () 11/21/2015
17.	1590		Ethan Dreiblatt (2/12/96) 7/13/2019 238.2
18.	1575		Ryan Robertson (2/19/01) 11/16/2019 239.0
19.	1545		Ted Damiano (5/15/86) 5/18/2019 238.2
20.	1535		Jared Clark () 5/19/2018 268.4

275 Pound Men's --- Squat

Squat	X- BW	Lifter/YOB/Date lifted/Exact BW	
1. 900		Mike Lackey () 5/19/2018 266.8	Yes
2. 840		Sean Green () 5/19/2018 269.8	Yes
3. 810		Bob Merkh () 5/19/2018 257.0	Yes
4. 700		Erik Schiferle (2/17/91) 8/4/2018 275.2	Yes
5. 675		Mark Chieco (8/7/77) 1/30/2021 265.0	Yes
6. 665		Jeff Sobol () 2/18/2017 273.4	Yes
7. 660		Adam Williams () 6/20/2015	
8. 660		Marc-Antoine Provost-Dourekas (2/4/91) 5/18/2019	Yes
9. 660		Ted Damiano () 3/27/2021 257.2	Yes
10. 630		Shane Hachey (2/10/91) 8/26/2017 261.8	Yes
11. 630		Ted Damiano (5/15/86) 11/21/2020 266.6	Yes
12. 610		Christopher Moro (8/18/86) 3/27/2021 273.8	No
13. 605		Mike Garofalo () 2/18/2017 274.6	Yes
14. 600		James Farina (12/30/78) 11/21/2020 275	Yes
15. 585		Keith Caton () 5/19/2018 263.6	
16. 575		Anthony Piccione (6/1/82) 11/21/2020 259.2	No
17. 565		Phillip Fletcher (12/4/68) 7/13/2019	Yes
18. 550		Joshua Walker (9/6/86) 2/3/18 251.0	No
19. 540		Zach Sugrue (4/26/95) 11/21/2020 248.2	No
20. 525		Jose Dos Santos (1/8/98) 11/21/2020 261.2	No

275 Pound Men's --- Bench Press

	Bench	X- BW	Lifter/YOB/Date lifted/Exact BW
1.	550		Mike Lackey () 5/19/2018 266.8
2.	540		Mike Garofalo () 2/18/2017 274.6
3.	505		Mark Chieco (8/7/77) 1/30/2021 265.0
4.	500		Robb Francis () 6/20/2015
5.	500		Jason Weaver (4/27/76) 8/26/2017 273.0
6.	500		James Farina (12/30/78) 11/21/2020 275
7.	465		Shane Hachey () 5/19/2018
8.	460		Derek Keiser () 7/25/2020 275.0
9.	455		Bob Merkh () 5/19/2018 257.0
10.	445		Jeff Sobol () 2/18/2017 273.4
11.	445		Josh Everson () 3/27/2021 259.2
12.	440		Lou Rappa () 11/05/2016 282.0
13.	440		Sean Green () 5/19/2018 269.8
14.	435		Joshua Walker (9/6/86) 2/3/18 251.0
15.	430		Christopher Moro (8/18/86) 3/27/2021 273.8
16.	425		Jim LaGrange () 6/20/2015
17.	425		Jason Kuhar () 3/13/2021
18.	425		Ted Damiano () 3/27/2021 257.2
19.	420		Ted Damiano (5/15/86) 11/21/2020 266.6
20.	420		Erik Balogh () 3/27/2021 271.1

275 Pound Men's --- Deadlift

	Deadlift	X- BW	Lifter/YOB/Date lifted/Exact BW
1.	870		Sean Green () 5/19/2018 269.8
2.	800		Mike Lackey () 5/19/2018 266.8
3.	700		Bob Merkh () 5/19/2018 257.0
4.	700		Erik Schiferle (2/17/91) 8/4/2018 275.2

5.	690	Jason Weaver (4/27/76) 8/26/2017 273.0
6.	665	Jeff Sobol () 2/18/2017 273.4
7.	660	Shane Hachey () 5/19/2018
8.	650	Jared Clark () 2/18/2017 262.2
9.	650	Mike Garofalo () 2/18/2017 274.6
10.	640	Keith Caton () 5/19/2018 263.6
11.	640	Jose Dos Santos (1/8/98) 11/21/2020 261.2
12.	630	Brian Nguyen (9/22/99) 11/18/2017 270.8
13.	625	Ted Damiano (5/15/86) 11/21/2020 266.6
14.	625	Travis Redeye () 3/13/2021
15.	620	Zach Sugrue (4/26/95) 11/21/2020 248.2
16.	620	Ted Damiano () 3/27/2021 257.2
17.	615	Anthony Piccione () 3/27/2021 263.9
18.	610	Marc-Antoine Provost-Dourekas (2/4/91) 5/18/2019
19.	600	Joshua Walker (9/6/86) 2/3/18 251.0
20.	600	Anthony Piccione (6/1/82) 11/21/2020 259.2

275 Pound Men's --- Total

	Total	X- BW Lifter/YOB/Date lifted/Exact BW
1.	2250	Mike Lackey () 5/19/2018 266.8
2.	2150	Sean Green () 5/19/2018 269.8
3.	1975	Jason Weaver (4/27/76) 8/26/2017 273.0
4.	1965	Bob Merkh () 5/19/2018 257.0
5.	1795	Mike Garofalo () 2/18/2017 274.6
6.	1775	Jeff Sobol () 2/18/2017 273.4
7.	1775	Erik Schiferle (2/17/91) 8/4/2018 275.2
8.	1765	Mark Chieco (8/7/77) 1/30/2021 265.0
9.	1750	Shane Hachey () 5/19/2018
10.	1705	Ted Damiano () 3/27/2021 257.2
11.	1690	Brian Nguyen () 11/05/2016 253.6
12.	1675	Ted Damiano (5/15/86) 11/21/2020 266.6
13.	1675	James Farina (12/30/78) 11/21/2020 275
14.	1640	Christopher Moro (8/18/86) 3/27/2021 273.8
15.	1635	Marc-Antoine Provost-Dourekas (2/4/91) 5/18/2019
16.	1585	Joshua Walker (9/6/86) 2/3/18 251.0
17.	1575	Keith Caton () 5/19/2018 263.6
18.	1570	Jose Dos Santos (1/8/98) 11/21/2020 261.2
19.	1560	Zach Sugrue (4/26/95) 11/21/2020 248.2
20.	1450	Jared Clark () 2/18/2017 262.2

308 Pound Men's --- Squat

Squat	X- BW	Lifter/YOB/Date lifted/Exact BW	Wrapped
1.	905	Mike Lackey (12/7/92) 11/21/2020 288.1	Yes
2.	825	Jason Weaver (4/27/76) 5/19/2018 291.0	Yes
3.	755	Pat McNamera () 3/27/2021 304.3	Yes
4.	585	Matt Krajacic () 11/17/18 292.4	Yes
5.	580	Luke Marean (7/22/92) 11/18/2017 297.0	No
6.	550	Jeff Linton () 6/20/2015	
7.	545	Mario Jellencich (7/12/77) 11/21/2020 280.4	Yes
8.	550	Alexander Pavlov (3/25/00) 11/16/2019 283.8	No
9.	410	Michael Flynn (12/10/69) 7/13/2019 293.0	No
10.	375	Evan Ellis (6/17/93) 5/18/2019 297.6	No
11.	305	Jose Olivo (4/14/03) 7/13/2019 289.8	NO

308 Pound Men's --- Bench Press

Bench	X- BW	Lifter/YOB/Date lifted/Exact BW
1.	580	Mike Lackey (12/7/92) 11/21/2020 288.1
2.	525	Jason Weaver (4/27/76) 5/19/2018 291.0
3.	440	Jeff Linton () 6/20/2015
4.	440	Lou Rapa () 11/5/2016 282.0
5.	430	Toni Balijagic (7/18/95) 2/2/2019 276.4
6.	430	Gary Thomas (8/1/67) 7/13/2019
7.	425	Chris Medlar (8/24/78) 11/21/2020 297.2
8.	425	Anthony Giffune () 3/27/2021 289.2
9.	415	Pat McNamera () 3/27/2021 304.3
10.	405	Mario Jellencich (7/12/77) 11/21/2020 280.4
11.	395	Glen Mucica () 3/27/2021 307.0
12.	350	Luke Marean () 2/18/2017 289.0
13.	350	Alexander Pavlov (3/25/00) 11/16/2019 283.8
14.	345	Giles Cates () 1/30/2021 286.8
15.	335	Matt Krajacic (4/26/88) 2/2/2019 288.0
16.	315	Michael Flynn (12/10/69) 8/4/2018 287.8
17.	280	Jose Olivo (4/14/03) 7/13/2019 289.8
18.	225	Kenny Hampe () 3/13/2021
19.	210	Evan Ellis (6/17/93) 5/18/2019 297.6

308 Pound Men's --- Deadlift

Deadlift	X- BW	Lifter/YOB/Date lifted/Exact BW
1. 810		Mike Lackey (12/7/92) 3/27/2021 284.5
2. 755		Jason Weaver () 5/19/2018 296.4
3. 700		Toni Balijagic (7/18/95) 2/2/2019 276.4
4. 675		Alexander Pavlov (3/25/00) 11/16/2019 283.8
5. 670		Pat McNamera () 3/27/2021 304.3
6. 660		Jeff Linton () 6/20/2015
7. 620		Gary Thomas (8/1/67) 7/13/2019
8. 610		Matt Krajacic (4/26/88) 2/2/2019 288.0
9. 570		Luke Marean (7/22/92) 11/18/2017 297.0
10. 555		Mario Jellencich (7/12/77) 3/27/2021 307.4
11. 500		Glen Mucica () 3/27/2021 307.0
12. 475		Evan Ellis (6/17/93) 5/18/2019 297.6
13. 435		Jose Olivo (4/14/03) 7/13/2019 289.8
14. 430		Michael Flynn (12/10/69) 7/13/2019 293.0
15. 425		Kenny Hampe () 3/13/2021

308 Pound Men's --- Total

Total	X- BW	Lifter/YOB/Date lifted/Exact BW
1. 2285		Mike Lackey (12/7/92) 11/21/2020 288.1
2. 2050		Jason Weaver (4/27/76) 5/19/2018 291.0
3. 1840		Pat McNamera () 3/27/2021 304.3
4. 1650		Jeff Linton () 6/20/2015
5. 1575		Alexander Pavlov (3/25/00) 11/16/2019 283.8
6. 1515		Matt Krajacic (4/26/88) 2/2/2019 288.0
7. 1490		Luke Marean (7/22/92) 11/18/2017 297.0
8. 1490		Mario Jellencich (7/12/77) 11/21/2020 280.4
9. 1060		Evan Ellis (6/17/93) 5/18/2019 297.6
10. 1020		Jose Olivo (4/14/03) 7/13/2019 289.8
11. 1155		Michael Flynn (12/10/69) 7/13/2019 293.0

SHW Pound Men's --- Squat

	Squat	X- BW	Lifter/YOB/Date lifted/Exact BW
1.	740		Pete Knutsen (4/25/1987) 318.0 wrapped
2.	700		Tony Egnoto () 2/18/2017 347.0 wrapped
3.	620		Toni Balijagic (7/18/85) 11/21/2020 314.4 wrapped
4.	610		Anthony Gifune (1/15/93) 11/21/2020 316.0
5.	600		Chris Andrews (9/22/87) 8/4/2018 249.2
6.	530		Richard Sprancmanis (5/21/96) 11/16/2019 321.2
7.	475		Mason Hawker (1/30/91) 11/16/2019 338.6

SHW Pound Men's --- Bench Press

	Bench	X- BW	Lifter/YOB/Date lifted/Exact BW
1.	480		Wyatt Lozano (5/12/2004) 4/3/2021 349.0
2.	450		Anthony Gifune (1/15/93) 11/21/2020 316.0
3.	435		Toni Balijagic (7/18/85) 11/21/2020 314.4
4.	430		Pete Knutsen (4/25/1987) 318.0
5.	425		Chris Andrews (9/22/87) 8/4/2018 249.2
6.	400		Richard Sprancmanis (5/21/96) 11/16/2019
7.	375		Tony Egnoto () 2/18/2017 347.0
8.	360		Kevin Barrows () 3/27/2021 330.0
9.	335		J.D. Freer () 3/27/2021 350.0
10.	325		Mason Hawker (1/30/91) 11/16/2019 338.6

SHW Pound Men's --- Deadlift

	Deadlift	X- BW	Lifter/YOB/Date lifted/Exact BW
1.	735		Pete Knutsen (4/25/1987) 318.0
2.	725		Tony Egnoto () 2/18/2017 347.0
3.	700		Toni Balijagic (7/18/85) 11/21/2020 314.4
4.	615		Anthony Gifune (1/15/93) 11/21/2020 316.0
5.	600		Chris Andrews (9/22/87) 8/4/2018 249.2
6.	575		Richard Sprancmanis (5/21/96) 11/16/2019
7.	525		Mason Hawker (1/30/91) 11/16/2019 338.6
8.	430		Kevin Barrows () 3/27/2021 330.0

SHW Pound Men's --- Total

	Total	X- BW	Lifter/YOB/Date lifted/Exact BW
1.	1905		Pete Knutsen (4/25/1987) 318.0
2.	1800		Tony Egnoto () 2/18/2017 347.0
3.	1755		Toni Balijagic (7/18/85) 11/21/2020 314.4
4.	1675		Anthony Gifune (1/15/93) 11/21/2020 316.0
5.	1625		Chris Andrews (9/22/87) 8/4/2018 249.2
6.	1505		Richard Sprancmanis (5/21/96) 11/16/2019
7.	1325		Mason Hawker (1/30/91) 11/16/2019 338.6

WOMEN'S RANKINGS

97 Pound Women's --- Squat

Squat	X- BW	Lifter/YOB/Date lifted/Exact BW
1. 190		Alex Pratt () 10/21/2017 97.0 wrapped
2. 115		Sophia Gervais (7/7/11) 11/21/2020 80.4

97 Pound Women's --- Bench Press

Bench	X- BW	Lifter/YOB/Date lifted/Exact BW
1. 90		Alex Pratt () 10/21/2017 97.0
2. 60		Sophia Gervais (7/7/11) 11/21/2020 80.4

97 Pound Women's --- Deadlift

Deadlift	X- BW	Lifter/YOB/Date lifted/Exact BW
1. 225		Alex Pratt () 10/21/2017 97.0
2. 155		Sophia Gervais (7/7/11) 11/21/2020 80.4

97 Pound Women's --- Total

Total	X- BW	Lifter/YOB/Date lifted/Exact BW
1. 505		Alex Pratt () 10/21/2017 97.0
2. 330		Sophia Gervais (7/7/11) 11/21/2020 80.4

105 Pound Women's --- Squat

Squat	X- BW	Lifter/YOB/Date lifted/Exact BW
1.		

105 Pound Women's --- Bench Press

Bench	X- BW	Lifter/YOB/Date lifted/Exact BW
1.		

105 Pound Women's --- Deadlift

Deadlift	X- BW	Lifter/YOB/Date lifted/Exact BW
1.		

105 Pound Women's --- Total

Total	X- BW	Lifter/YOB/Date lifted/Exact BW
1.		

114 Pound Women's --- Squat

Squat	X- BW	Lifter/YOB/Date lifted/Exact BW
1. 280		Michele Agostaneli (12/5/96) 11/17/2018 113.4
2. 260		Nicole Boshart () 11/21/2015
3. 185		Alyssa Quick (1/7/98) 11/17/2018 111.4
4. 180		Layla Merkh () 10/21/2017 113.8 wrapped
5. 155		Stacy Packard (2/19/73) 8/4/2018 114.5
6. 135		Emily Weaver () 5/19/2018 114.0

114 Pound Women's --- Bench Press

Bench	X- BW	Lifter/YOB/Date lifted/Exact BW
1. 145		Michele Agostaneli (12/5/96) 11/17/2018 113.4
2. 130		Nicole Boshart () 11/21/2015
3. 125		Stacy Packard (2/19/73) 8/4/2018 114.5
4. 90		Emily Weaver () 5/19/2018 114.0
5. 75		Layla Merkh () 10/21/2017 113.8
6. 75		Alyssa Quick (1/7/98) 11/17/2018 111.4

114 Pound Women's --- Deadlift

Deadlift	X- BW	Lifter/YOB/Date lifted/Exact BW
1. 275		Michele Agostaneli (12/5/96) 11/17/2018 113.4
2. 260		Nicole Boshart () 11/21/2015
3. 260		Stacy Packard (2/19/73) 8/4/2018 114.5
4. 235		Emily Weaver () 5/19/2018 114.0
5. 230		Alyssa Quick (1/7/98) 11/17/2018 111.4
6. 185		Layla Merkh () 11/5/2016 114.2
7. 120		Gabbrielle Gawlinski (7/29/10) 6/26/2021 109.0

114 Pound Women's --- Total

Total	X- BW	Lifter/YOB/Date lifted/Exact BW
1. 700		Michele Agostaneli (12/5/96) 11/17/2018 113.4
2. 650		Nicole Boshart () 11/21/2015
3. 540		Stacy Packard (2/19/73) 8/4/2018 114.5
4. 490		Alyssa Quick (1/7/98) 11/17/2018 111.4
5. 460		Emily Weaver () 5/19/2018 114.0
6. 435		Layla Merkh () 10/21/2017 113.8

123 Pound Women's --- Squat

Squat	X- BW	Lifter/YOB/Date lifted/Exact BW
1. 385		Jennifer Hazzard (6/6/85) 11/16/2019 122.8 Wrapped
2. 370		Evelin Perez (11/27/93) 11/21/2020 123.1
3. 320		Antoinette Bashir () 2/18/2017 123.2 wrapped
4. 310		Emily Gillespie () 11/5/2016 121.6
5. 240		Rachel Betts (7/11/93) 9/28/2019 123.0
6. 230		Lesley Georger () 10/21/217 120.8
7. 215		Jennifer Piazza () 10/21/2017 123.2
8. 180		Bridgette Pritchard () 10/21/2017 116.6
9. 155		Emily Weaver (1/5/2002) 7/13/2019 120.8 wrapped
10. 140		Sonja Fries () 6/20/2015 123

123 Pound Women's --- Bench Press

Bench	X- BW	Lifter/YOB/Date lifted/Exact BW
1. 195		Evelin Perez (11/27/93) 11/21/2020 123.1
2. 190		Jennifer Hazzard (6/6/85) 11/16/2019 122.8
3. 150		Emily Gillespie () 11/5/2016 121.6
4. 145		Antoinette Bashir () 2/18/2017 123.2
5. 135		Rachel Betts (7/11/93) 9/28/2019 123.0
6. 115		Sonja Fries () 6/20/2015 123
7. 115		Jennifer Piazza () 11/21/2015 120.8
8. 115		Bridgette Pritchard () 10/21/2017 116.6
9. 110		Emily Weaver (1/5/2002) 7/13/2019 120.8
10. 105		Lesley Georger () 10/21/217 120.8
11. 105		Sylvia Elmquist () 7/25/2020 123.0

123 Pound Women's --- Deadlift

Deadlift	X- BW	Lifter/YOB/Date lifted/Exact BW
1. 440		Jennifer Hazzard (6/6/85) 11/16/2019 122.8
2. 360		Evelin Perez (11/27/93) 11/21/2020 123.1
3. 320		Emily Gillespie () 11/5/2016 121.6
4. 315		Antoinette Bashir () 2/18/2017 123.2
5. 300		Rachel Betts (7/11/93) 9/28/2019 123.0
6. 265		Lesley Georger () 10/21/217 120.8
7. 250		Bridgette Pritchard () 10/21/2017 116.6
8. 240		Emily Weaver (1/5/2002) 7/13/2019 120.8
9. 225		Jennifer Piazza () 6/20/2015 123
10. 225		Sylvia Elmquist () 7/25/2020 123.0
11. 220		Sonja Fries () 6/20/2015 123

123 Pound Women's --- Total

Total	X- BW	Lifter/YOB/Date lifted/Exact BW
1. 1015		Jennifer Hazzard (6/6/85) 11/16/2019 122.8
2. 925		Evelin Perez (11/27/93) 11/21/2020 123.1
3. 780		Emily Gillespie () 11/5/2016 121.6
4. 780		Antoinette Bashir () 2/18/2017 123.2
5. 675		Rachel Betts (7/11/93) 9/28/2019 123.0
6. 600		Lesley Georger () 10/21/217 120.8
7. 545		Bridgette Pritchard () 10/21/2017 116.6
8. 535		Jennifer Piazza () 10/21/2017 123.2
9. 505		Emily Weaver (1/5/2002) 7/13/2019 120.8
10. 475		Sonja Fries () 6/20/2015 123

132 Pound Women's --- Squat

Squat		X- BW	Lifter/YOB/Date lifted/Exact BW
1.	420	3.187	Becki Pierotti (5/5/85) 10/13/18 131.8 Wrapped
2.	330	2.511	Jessica Kline () 11/05/2016 131.4
3.	325		Jen Hazzard () 3/27/2021 131.2 Wrapped
4.	290	2.2	Emily Gilespeie (8/18/95) 10/13/18 131.8
5.	260		Emily Bajish (7/3/72) 2/2/19 129.2
6.	250	1.891	Emily Holmes (7/24/93) 10/13/18 132.2
7.	235	1.78	Chrissy Cimino () 6/20/2015 132
8.	230		Madeline Rosado (9/22/1970) 6/5/2021 132.0
9.	200	1.54	Rachel Betts () 11/5/2016 129.8
10.	185	1.447	Phyllis Rose () 11/5/2016 127.8
11.	170		Belinda Ragland (9/29/92) 11/17/2018 126.8
12.	170		Jessica Tedesco (2/28/95) 11/17/18
13.	165		Elizabeth Neeves () 2/18/2017 132.2
14.	145		Gina Brightman (7/8/67) 8/4/2018 129.4
15.	110		Olivia DeGraw (4/9/1964) 5/18/2019 125.0

132 Pound Women's --- Bench Press

Bench		X- BW	Lifter/YOB/Date lifted/Exact BW
1.	225	1.707	Becki Pierotti (5/5/85) 10/13/18 131.8
2.	225		Jen Hazzard () 3/27/2021 131.2
3.	160		Madeline Rosado (9/22/1970) 11/21/2020 130.8
4.	150	1.135	Emily Holmes (7/24/93) 10/13/18 132.2
5.	150	1.138	Emily Gilespeie (8/18/95) 10/13/18 131.8
6.	145		Jessica Kline () 11/05/2016 131.4
7.	125		Chrissy Cimino () 6/20/2015 132
8.	125		Elizabeth Neeves () 2/18/2017 132.2
9.	125		Emily Bajish (7/3/72) 2/2/19 129.2
10.	115		Belinda Ragland (9/29/92) 11/17/2018 126.8
11.	100		Rachel Betts () 11/5/2016 129.8
12.	100		Gina Brightman (7/8/67) 8/4/2018 129.4
13.	95		Phyllis Rose () 11/5/2016 127.8
14.	75		Jessica Tedesco (2/28/95) 11/17/18
15.	75		Olivia DeGraw (4/9/1964) 5/18/2019 125.0
16.	55		Cindy Struckle (8/18/57) 8/4/2018 124.2

132 Pound Women's --- Deadlift

Deadlift	X- BW	Lifter/YOB/Date lifted/Exact BW
1. 500		Jen Hazzard () 3/27/2021 131.2
2. 410	3.11	Becki Pierotti (5/5/85) 10/13/18 131.8
3. 385	2.912	Emily Holmes (7/24/93) 10/13/18 132.2
4. 330	2.503	Emily Gilespe (8/18/95) 10/13/18 131.8
5. 325		Jessica Kline () 11/05/2016 131.4
6. 265		Emily Bajish (7/3/72) 2/2/19 129.2
7. 260		Elizabeth Neeves () 2/18/2017 132.2
8. 255		Chrissy Cimino () 6/20/2015 132
9. 235		Rachel Betts () 11/5/2016 129.8
10. 235		Phyllis Rose () 11/5/2016 127.8
11. 230		Belinda Ragland (9/29/92) 11/17/2018 126.8
12. 230		Madeline Rosado (9/22/1970) 6/5/2021 132.0
13. 225		Gina Brightman (7/8/67) 8/4/2018 129.4
14. 225		Jessica Tedesco (2/28/95) 11/17/18
15. 165		Olivia DeGraw (4/9/1964) 5/18/2019 125.0
16. 105		Cindy Struckle (8/18/57) 8/4/2018 124.2

132 Pound Women's --- Total

Total	X- BW	Lifter/YOB/Date lifted/Exact BW
1. 1055	8.00	Becki Pierotti (5/5/85) 10/13/18 131.8
2. 1050		Jen Hazzard () 3/27/2021 131.2
3. 800		Jessica Kline () 11/05/2016 131.4
4. 785	5.937	Emily Holmes (7/24/93) 10/13/18 132.2
5. 770	5.842	Emily Gilespe (8/18/95) 10/13/18 131.8
6. 650		Emily Bajish (7/3/72) 2/2/19 129.2
7. 615		Chrissy Cimino () 6/20/2015 132
8. 615		Madeline Rosado (9/22/1970) 6/5/2021 132.0
9. 550		Elizabeth Neeves () 2/18/2017 132.2
10. 535		Rachel Betts () 11/5/2016 129.8
11. 515		Phyllis Rose () 11/5/2016 127.8
12. 515		Belinda Ragland (9/29/92) 11/17/2018 126.8
13. 470		Gina Brightman (7/8/67) 8/4/2018 129.4
14. 470		Jessica Tedesco (2/28/95) 11/17/18
15. 350		Olivia DeGraw (4/9/1964) 5/18/2019 125.0

148 Pound Women's --- Squat

Squat		X- BW	Lifter/YOB/Date lifted/Exact BW	Wrapped
1.	475		Becki Pierotti () 11/21/2020 133.8	Yes
2.	425	2.86	Allison Hind (9/14/81) 10/13/18 148.6	Yes
3.	385	2.77	Jessica Kline (1/23/90) 10/13/18 139.0	Yes
4.	360		Lauren Angelet () 10/21/2017 147.8	Yes
5.	310	2.208	Christina Bruce (6/12/90) 10/13/18 140.4	No
6.	305		Susan Hudson (10/22/65) 5/18/2019 148.2	Yes
7.	300		Cassie Kardias () 11/21/2015 141.8	
8.	275		Catharine Novick (10/23/79) 5/18/2019 143.2	Yes
9.	255		Calley Shurgot () 11/21/2015 148.2	
10.	255		Chelsea Dos Santos (6/5/94) 11/21/2020 146.8	No
11.	250		Maya Pollock (2/28/99) 11/21/2020 146.8	No
12.	245		Hayley Rosen (7/8/86) 6/5/2021 146.0	No
13.	240		Kayla Robinson (1/13/90) 11/21/2020 145.9	No
14.	215		Felicia Barr (11/17/95) 11/18/17 142.4	No
15.	215		Jennifer Romano (5/6/77) 11/18/2017 143.2	No
16.	205		Terri Groves (10/22/59) 6/5/2021 147.4	No
17.	200		Christina Watson () 3/27/2021 143.2	Yes
18.	195		Diane Petrowski () 11/05/2016 141.0	
19.	195		Brianna Karboski () 2/18/2017 140.0	
20.	185		Liz Bennett (3/4/78) 2/3/18 143.8	No

148 Pound Women's --- Bench Press

Bench		X- BW	Lifter/YOB/Date lifted/Exact BW
1.	335	2.254	Allison Hind (9/14/81) 10/13/18 148.6
2.	235		Becki Pierotti () 11/21/2020 133.8
3.	195		Lauren Angelet () 10/21/2017 147.8
4.	175		Stormy Mendez () 11/17/18 147.6
5.	175		Susan Hudson (10/22/65) 5/18/2019 148.2
6.	165		Calley Shurgot () 11/21/2015 148.2
7.	155		Cassie Kardias () 11/21/2015 141.8
8.	155	1.115	Jessica Kline (1/23/90) 10/13/18 139.0
9.	155		Chelsea Dos Santos (6/5/94) 11/21/2020 146.8
10.	155		Maya Pollock (2/28/99) 11/21/2020 146.8
11.	145		Jennifer Romano (5/6/77) 11/18/2017 143.2
12.	145	1.033	Christina Bruce (6/12/90) 10/13/18 140.4
13.	145		Brandy Haskins (3/10/85) 6/26/2021 142.0
14.	140		Catherine Novick (10/18/89) 11/17/2018
15.	135		Diane Petrowski () 11/21/2015 145.6
16.	135		Felicia Barr (11/17/95) 11/18/17 142.4
17.	135		Mary Brockway (10/31/94) 11/16/2019 145.6
18.	135		Kayla Robinson (1/13/90) 11/21/2020 145.9
19.	135		Hayley Rosen (7/8/86) 6/5/2021 146.0
20.	130		Ashley Borza (9/12/90) 7/13/2019 136

148 Pound Women's --- Deadlift

Deadlift		X- BW	Lifter/YOB/Date lifted/Exact BW
1.	450		Becki Pierotti () 11/21/2020 133.8
2.	430		Allison Hind () 5/19/2018 147.8
3.	405		Lauren Angelet () 10/21/2017 147.8
4.	385		Susan Hudson (10/22/65) 5/18/2019 148.2
5.	370		Cassie Kardias () 11/21/2015 141.8
6.	360	2.564	Christina Bruce (6/12/90) 10/13/18 140.4
7.	355	2.554	Jessica Kline (1/23/90) 10/13/18 139.0
8.	350		Calley Shurgot () 11/21/2015 148.2

Updated June 27, 2021

9.	340	Stormy Mendez () 11/17/18 147.6
10.	315	Chelsea Dos Santos (6/5/94) 11/21/2020 146.8
11.	310	Maya Pollock (2/28/99) 11/21/2020 146.8
12.	310	Kayla Robinson (1/13/90) 11/21/2020 145.9
13.	305	Victoria Slye () 3/14/2020 145.0
14.	295	Ashley Borza (9/12/90) 7/13/2019 136
15.	295	Catharine Novick (10/23/79) 6/5/2021 141.0
16.	295	Hayley Rosen (7/8/86) 6/5/2021 146.0
17.	280	Felicia Barr (11/17/95) 11/18/17 142.4
18.	260	Christina Watson () 3/27/2021 143.2
19.	255	Liz Bennett (3/4/78) 2/3/18 143.8
20.	255	Mary Brockway (10/31/94) 11/16/2019 145.6

148 Pound Women's --- Total

Total	X- BW	Lifter/YOB/Date lifted/Exact BW	
1.	1175	7.907	Allison Hind (9/14/81) 10/13/18 148.6
2.	1160	8.67	Becki Pierotti () 11/21/2020 133.8
3.	960		Lauren Angelet () 10/21/2017 147.8
4.	895	6.438	Jessica Kline (1/23/90) 10/13/18 139.0
5.	865		Susan Hudson (10/22/65) 5/18/2019 148.2
6.	825		Cassie Kardias () 11/21/2015 141.8
7.	815	5.804	Christina Bruce (6/12/90) 10/13/18 140.4
8.	770		Calley Shurgot () 11/21/2015 148.2
9.	725		Chelsea Dos Santos (6/5/94) 11/21/2020 146.8
10.	715		Maya Pollock (2/28/99) 11/21/2020 146.8
11.	685		Catharine Novick (10/23/79) 5/18/2019 143.2
12.	685		Kayla Robinson (1/13/90) 11/21/2020 145.9
13.	675		Hayley Rosen (7/8/86) 6/5/2021 146.0
14.	630		Felicia Barr (11/17/95) 11/18/17 142.4
15.	605		Jennifer Romano (5/6/77) 11/18/2017 143.2
16.	580		Christina Watson () 3/27/2021 143.2
17.	565		Diane Petrowski () 11/05/2016 141.0
18.	545		Mary Brockway (10/31/94) 11/16/2019 145.6
19.	545		Terri Groves (10/22/59) 6/5/2021 147.4
20.	540		Liz Bennett (3/4/78) 2/3/18 143.8

No

165 Pound Women's --- Squat

Squat	X- BW	Lifter/YOB/Date lifted/Exact BW	Wrapped
1. 505		Allison Hind (9/14/81) 9/28/2019 164.6	Yes
2. 430		Everly Blank (2/22/80) 9/28/2019 157.4	
3. 390		Kayleigh Corrado (9/5/94) 11/21/2020 155.5	No
4. 380		Samantha Mello () 10/21/2017 163.6	Yes
5. 375		Victoria Long (8/4/89) 11/21/2020 163.5	Yes
6. 360		Christine Morris (2/10/84) 9/28/2019 163.4	Yes
7. 350		Jessica Carbone () 2/18/2017 165.0	Yes
8. 340		Amy Berardinelli (6/19/73) 9/28/2019 164.6	Yes
9. 325		Leanna Matthews () 11/21/2015 154.2	
10. 315		Chantie Jones () 11/21/2015 163	
11. 315		Cheyenne Pelletier () 10/21/2017 164.6	Yes
12. 315	1.947	Gretchen Darrah (10/17/82) 10/13/18 161.8	Yes
13. 300		Heather Freeborn () 11/05/2016 164.4	
14. 290		Emily Silva () 10/21/2017 165.2	
15. 275		Tunde Szivak () 10/21/2017 152.4	Yes
16. 275		Maya Pollock (2/28/99) 3/27/2021 151.1	No
17. 270		Lisa Vokes () 11/05/2016 159.8	
18. 255		Jen Woodhouse (3/1/89) 11/17/2018	
19. 250		Heather Vona () 11/05/2016 165.2	
20. 250		Jody Hale () 8/4/2018 154.8	

165 Pound Women's --- Bench Press

Bench	X- BW	Lifter/YOB/Date lifted/Exact BW
1. 350		Allison Hind (9/14/81) 6/5/2021 164.2
2. 255		Everly Blank (2/22/80) 9/28/2019 157.4
3. 245		Sabrina DeCosta () 10/21/2017 164.4
4. 215		Cheyenne Pelletier () 10/21/2017 164.6
5. 210		Christine Morris (2/10/84) 9/28/2019 163.4
6. 210		Victoria Long (8/4/89) 11/21/2020 163.5
7. 205		Chanel Nolet () 2/18/2017 152.2
8. 205		Amy Berardinelli (6/19/73) 9/28/2019 164.6
9. 200	1.236	Gretchen Darrah (10/17/82) 10/13/18 161.8
10. 190		Amanda Leavall (6/4/96) 11/17/2018
11. 185		Vanessa Sanchez () 10/21/2017 155.0
12. 180		Lisa Vokes () 11/05/2016 159.8
13. 180		Jessica Carbone () 2/18/2017 165.0
14. 175		Kayleigh Corrado (9/5/94) 11/21/2020 155.5
15. 170	1.03	Anandi Caldwell (3/20/92) 165.0
16. 160		Samantha Mello () 10/21/2017 163.6
17. 160		Tunde Szivak () 10/21/2017 152.4
18. 155		Chantie Jones () 11/21/2015 163
19. 155		Linda Hines () 10/21/2017 162.6
20. 155		Maya Pollock (2/28/99) 3/27/2021 151.1

165 Pound Women's --- Deadlift

Deadlift	X- BW	Lifter/YOB/Date lifted/Exact BW
1. 485		Allison Hind (9/14/81) 9/28/2019 164.6
2. 435		Everly Blank (2/22/80) 9/28/2019 157.4
3. 425		Victoria Long (8/4/89) 11/21/2020 163.5
4. 415		Amy Berardinelli (6/19/73) 9/28/2019 164.6
5. 400		Cheyenne Pelletier () 10/21/2017 164.6
6. 360		Jessica Carbone () 2/18/2017 165.0
7. 360		Samantha Mello () 10/21/2017 163.6
8. 350		Chantie Jones () 11/21/2015 163

9.	350	2.121	Anandi Caldwell (3/20/92) 165.0
10.	335		Leanna Matthews () 11/21/2015 154.2
11.	335		Vanessa Sanchez () 10/21/2017 155.0
12.	335	2.07	Gretchen Darrah (10/17/82) 10/13/18 161.8
13.	335		Christine Morris (2/10/84) 9/28/2019 163.4
14.	335		Kayleigh Corrado (9/5/94) 11/21/2020 155.5
15.	330		Erin Goodman () 3/27/2021 153.3
16.	330		Maya Pollock (2/28/99) 3/27/2021 151.1
17.	320		Emily Silva () 10/21/2017 165.2
18.	305		Ashley Buckley () 11/05/2016 161.6
19.	305		Jody Hale () 8/4/2018 154.8
20.	300		Heather Freeborn () 11/05/2016 164.4

165 Pound Women's --- Total

Total	X- BW	Lifter/YOB/Date lifted/Exact BW
1. 1335		Allison Hind (9/14/81) 9/28/2019 164.6
2. 1120		Everly Blank (2/22/80) 9/28/2019 157.4
3. 1010		Victoria Long (8/4/89) 11/21/2020 163.5
4. 960		Amy Berardinelli (6/19/73) 9/28/2019 164.6
5. 930		Cheyenne Pelletier () 10/21/2017 164.6
6. 905		Christine Morris (2/10/84) 9/28/2019 163.4
7. 900		Samantha Mello () 10/21/2017 163.6
8. 900		Kayleigh Corrado (9/5/94) 11/21/2020 155.5
9. 890		Jessica Carbone () 2/18/2017 165.0
10. 850	5.253	Gretchen Darrah (10/17/82) 10/13/18 161.8
11. 820		Chantie Jones () 11/21/2015 163
12. 805		Leanna Matthews () 11/21/2015 154.2
13. 760	4.606	Anandi Caldwell (3/20/92) 165.0
14. 760		Maya Pollock (2/28/99) 3/27/2021 151.1
15. 755		Emily Silva () 10/21/2017 165.2
16. 745		Heather Freeborn () 11/05/2016 164.4
17. 730		Tunde Szivak () 10/21/2017 152.4
18. 710		Amanda Leavall (6/4/96) 11/17/2018
19. 690		Jody Hale () 8/4/2018 154.8
20. 685		Jen Hazzard () 3/27/2021 131.2

181 Pound Women's --- Squat

Squat	X- BW	Lifter/YOB/Date lifted/Exact BW
1. 600		Jeanine Whittaker () 10/21/2017 180.0 wrapped
2. 440		Calley Shurgot () 10/21/2017 180.0 wrapped
3. 425		Sabrina Omand (7/16/82) 9/28/2019 180.4 wrapped
4. 405		Samantha Mello (12/31/91) 2/3/18 181.4
5. 365		Heather Freeborn () 2/18/2017 174.0 wrapped
6. 330		Jody Hale (7/16/79) 9/28/2019 175.0 wrapped
7. 325		Stephanie Feathers () 3/27/2021 168.6
8. 280		Kaleigh Churchill (12/23/94) 9/28/2019 180.2
9. 270		Catherine DeStefano (1/27/91) 11/16/2019 170.8 wrapped
10. 245		Amy Miner () 11/05/2016 178.8
11. 240		Molly Nicholson (5/27/82) 8/4/2018 174.8
12. 235		Hana Grosso () 6/20/2015
13. 225		Latoneya Burwell (7/11/80) 11/18/2017 181.6 wrapped
14. 215		Kathryn Macdonald (1/29/98) 11/17/18
15. 210		Katelyn Bolen () 11/21/2015 181.0
16. 190		Carol Clarke (11/30/54) 11/16/2019 172.8
17. 155		Catherine Tisenchek (7/8/57) 8/4/2018 180.2

181 Pound Women's --- Bench Press

Bench	X- BW	Lifter/YOB/Date lifted/Exact BW
1. 300		Jeanine Whittaker () 10/21/2017 180.0
2. 235		Sabrina Omand (7/16/82) 9/28/2019 180.4
3. 225		Calley Shurgot () 10/21/2017 180.0
4. 205		Stephanie Feathers () 3/27/2021 168.6
5. 175		Samantha Mello (12/31/91) 2/3/18 181.4
6. 160		Kaleigh Churchill (12/23/94) 9/28/2019 180.2
7. 160		Catherine DeStefano (1/27/91) 11/16/2019 170.8
8. 155		Jody Hale (7/16/79) 9/28/2019 175.0
9. 150		Heather Freeborn () 2/18/2017 174.0
10. 150		Molly Nicholson (5/27/82) 8/4/2018 174.8
11. 150		Shannon McPheron (11/20/76) 5/18/2019 181.4
12. 145		Brianna Kane () 2/18/2017 169.0
13. 135		Latoneya Burwell (7/11/80) 11/18/2017 181.6
14. 130		Emma Gardner (2/11/98) 6/26/2021 184.0
15. 125		Carol Clarke (11/30/54) 5/18/2019 173.8
16. 115		Amy Miner () 11/05/2016 178.8
17. 105		Kathryn Macdonald (1/29/98) 11/17/18
18. 95		Catherine Tisenchek (7/8/57) 8/4/2018 180.2
19. 85		Hana Grosso () 6/20/2015

181 Pound Women's --- Deadlift

Deadlift	X- BW	Lifter/YOB/Date lifted/Exact BW
1. 535		Jeanine Whittaker () 10/21/2017 180.0
2. 440		Calley Shurgot () 10/21/2017 180.0
3. 415		Sabrina Omand (7/16/82) 9/28/2019 180.4
4. 370		Samantha Mello (12/31/91) 2/3/18 181.4
5. 355		Stephanie Feathers () 3/27/2021 168.6
6. 350		Shannon McPheron (11/20/76) 5/18/2019 181.4
7. 335		Jody Hale (7/16/79) 9/28/2019 175.0
8. 335		Emma Gardner (2/11/98) 6/26/2021 184.0
9. 325		Latoneya Burwell (7/11/80) 11/18/2017 181.6
10. 325		Kaleigh Churchill (12/23/94) 9/28/2019 180.2
11. 315		Heather Freeborn () 2/18/2017 174.0
12. 310		Molly Nicholson (5/27/82) 8/4/2018 174.8

13.	300	Katelyn Bolen () 11/21/2015 181.0
14.	300	Kathryn Macdonald (1/29/98) 11/17/18
15.	290	Amy Miner () 11/05/2016 178.8
16.	295	Hana Grosso () 6/20/2015
17.	275	Carol Clarke (11/30/54) 11/16/2019 172.8
18.	235	Catherine DeStefano (1/27/91) 11/16/2019 170.8
19.	175	Catherine Tisenchek (7/8/57) 8/4/2018 180.2

181 Pound Women's --- Total

	Total	X- BW	Lifter/YOB/Date lifted/Exact BW
1.	1435		Jeanine Whittaker () 10/21/2017 180.0
2.	1105		Calley Shurgot () 10/21/2017 180.0
3.	1075		Sabrina Omand (7/16/82) 9/28/2019 180.4
4.	950		Samantha Mello (12/31/91) 2/3/18 181.4
5.	885		Stephanie Feathers () 3/27/2021 168.6
6.	830		Heather Freeborn () 2/18/2017 174.0
7.	820		Jody Hale (7/16/79) 9/28/2019 175.0
8.	765		Kaleigh Churchill (12/23/94) 9/28/2019 180.2
9.	700		Molly Nicholson (5/27/82) 8/4/2018 174.8
10.	685		Latoneya Burwell (7/11/80) 11/18/2017 181.6
11.	665		Catherine DeStefano (1/27/91) 11/16/2019 170.8
12.	650		Amy Miner () 11/05/2016 178.8
13.	620		Kathryn Macdonald (1/29/98) 11/17/18
14.	615		Hana Grosso () 6/20/2015
15.	590		Carol Clarke (11/30/54) 11/16/2019 172.8
16.	425		Catherine Tisenchek (7/8/57) 8/4/2018 180.2

198 Pound Women's --- Squat

Squat	X- BW	Lifter/YOB/Date lifted/Exact BW
1.	350	Cassandra Blackman () 6/20/2015 198
2.	325	Amber Brusman () 10/21/2017 191.4 wrapped
3.	290	Jennifer Smith (5/26/84) 11/17/2018
4.	285	Shannon McPheron (11/20/76) 8/26/2017 183.6
5.	240	Leann Bradt (2/3/82) 6/5/2021 189.0
6.	220	Jessica Hansler (4/9/76) 8/4/2018 187.8

198 Pound Women's --- Bench Press

Bench	X- BW	Lifter/YOB/Date lifted/Exact BW
1.	165	Jessica Hansler (4/9/76) 8/4/2018 187.8
2.	150	Cassandra Blackman () 6/20/2015 198
3.	150	Jennifer Smith (5/26/84) 11/17/2018
4.	145	Shannon McPheron (11/20/76) 8/26/2017 183.6
5.	145	Amber Brusman () 10/21/2017 191.4
6.	125	Lisa Thomas () 3/13/2021
7.	120	Leann Bradt (2/3/82) 6/5/2021 189.0
8.	100	Randi Snyder () 3/13/2021

198 Pound Women's --- Deadlift

Deadlift	X- BW	Lifter/YOB/Date lifted/Exact BW
1.	360	Cassandra Blackman () 6/20/2015 198
2.	355	Amber Brusman () 10/21/2017 191.4
3.	340	Leann Bradt (2/3/82) 6/5/2021 189.0
4.	330	Shannon McPheron (11/20/76) 8/26/2017 183.6
5.	315	Jennifer Smith (5/26/84) 11/17/2018
6.	280	Jessica Hansler (4/9/76) 8/4/2018 187.8
7.	265	Randi Snyder () 3/13/2021
8.	260	Kate Bolen () 6/20/2015 198
9.	290	Lisa Thomas () 3/13/2021

198 Pound Women's --- Total

Total	X- BW	Lifter/YOB/Date lifted/Exact BW
1.	860	Cassandra Blackman () 6/20/2015 198
2.	825	Amber Brusman () 10/21/2017 191.4
3.	760	Shannon McPheron (11/20/76) 8/26/2017 183.6
4.	755	Jennifer Smith (5/26/84) 11/17/2018
5.	700	Leann Bradt (2/3/82) 6/5/2021 189.0
6.	665	Jessica Hansler (4/9/76) 8/4/2018 187.8

220 Pound Women's --- Deadlift

Deadlift X- BW

1. 235

Lifter/YOB/Date lifted/Exact BW

Dolores Johnson (11/14/51) 6/26/2021 197.0

SHW Pound Women's --- Squat

Squat	X- BW	Lifter/YOB/Date lifted/Exact BW
1. 445		Collette Bates (4/10/76) 6/5/2021 221.4
2. 400		Carrie Tolerico () 11/05/2016 269.6
3. 400		Janaina Barreto-Romero (9/21/91) 5/18/2019 248.2 wrapped
4. 310		Gabrielle Huther (7/2/94) 11/21/2020 231.2 wrapped
5. 360		Krielle Baldwin () 5/19/2018 230.0 wrapped
6. 350		Jerriann Doll () 10/21/2017 205.2 wrapped
7. 345	1.69	Steffany Rose (4/24/77) 10/13/18 204.2 wrapped
8. 320		Chari Lane Mayer () 11/21/2015 218
9. 315		Madison LeVea (6/15/00) 2/3/18 221.4
10. 290		LaToneya Burwell () 5/19/2018 206.6
11. 280		Marlene Miranda () 11/05/2016 219.2
12. 265		Danielle Velazquez (10/20/70) 5/19/2018 283.4
13. 240		Morgan Brader (7/22/97) 11/21/2020 287.8
14. 165		Crystal Shene () 5/19/2018 218.0 wrapped

SHW Pound Women's --- Bench Press

Bench	X- BW	Lifter/YOB/Date lifted/Exact BW
1. 225		Collette Bates (4/10/76) 6/5/2021 221.4
2. 220	1.077	Steffany Rose (4/24/77) 10/13/18 204.2
3. 200		Jerriann Doll () 10/21/2017 205.2
4. 185		Krielle Baldwin () 5/19/2018 230.0
5. 180		Carrie Tolerico () 10/21/2017 272.4
6. 170		Chari Lane Mayer () 11/21/2015 218
7. 170		Marlene Miranda () 11/05/2016 219.2
8. 170		Sara Jordan () 10/21/2017 206.8
9. 165		Kara Kiehn (11/13/89) 5/18/2019 256.4
10. 160		Janaina Barreto-Romero (9/21/91) 5/18/2019 248.2
11. 160		Morgan Brader (7/22/97) 11/21/2020 287.8
12. 150		LaToneya Burwell () 5/19/2018 206.6
13. 135		MonaLissa Edson (8/27/82) 8/4/2018 259.4
14. 130		Madison LeVea (6/15/00) 2/3/18 221.4
15. 130		Danielle Velazquez (10/20/70) 5/19/2018 283.4
16. 125		Katie Loyd () 3/13/2021
17. 120		Sarah Wilday (7/30/89) 8/4/2018 246.0
18. 120		Gabrielle Huther (7/2/94) 11/21/2020 231.2

SHW Pound Women's --- Deadlift

Deadlift	X- BW	Lifter/YOB/Date lifted/Exact BW
1. 510		Collette Bates (4/10/76) 6/5/2021 221.4
2. 410		Krielle Baldwin () 5/19/2018 230.0
3. 400		Janaina Barreto-Romero (9/21/91) 5/18/2019 248.2
4. 390		Jerriann Doll () 10/21/2017 205.2
5. 385		Marlene Miranda () 11/05/2016 219.2
6. 365		LaToneya Burwell () 5/19/2018 206.6
7. 335		Gabrielle Huther (7/2/94) 11/21/2020 231.2
8. 330		Chari Lane Mayer () 11/21/2015 218
9. 330	1.616	Steffany Rose (4/24/77) 10/13/18 204.2
10. 325		Madison LeVea (6/15/00) 2/3/18 221.4
11. 325		Danielle Velazquez (10/20/70) 5/19/2018 283.4
12. 315		MonaLissa Edson (8/27/82) 8/4/2018 259.4
13. 315		Katie Loyd () 3/13/2021
14. 300		Carrie Tolerico () 10/21/2017 272.4
15. 245		Morgan Brader (7/22/97) 11/21/2020 287.8
16. 210		Crystal Shene () 5/19/2018 218.0

Updated June 27, 2021

SHW Pound Women's --- Total

Total	X- BW	Lifter/YOB/Date lifted/Exact BW
1. 1180		Collette Bates (4/10/76) 6/5/2021 221.4
2. 960		Janaina Barreto-Romero (9/21/91) 5/18/2019 248.2
3. 955		Krielle Baldwin () 5/19/2018 230.0
4. 940		Jerriann Doll () 10/21/2017 205.2
5. 900	4.407	Steffany Rose (4/24/77) 10/13/18 204.2
6. 865		Carrie Tolerico () 11/05/2016 269.6
7. 835		Marlene Miranda () 11/05/2016 219.2
8. 820		Chari Lane Mayer () 11/21/2015 218
9. 805		LaToneya Burwell () 5/19/2018 206.6
10. 765		Gabrielle Huther (7/2/94) 11/21/2020 231.2
11. 770		Madison LeVea (6/15/00) 2/3/18 221.4
12. 720		Danielle Velazquez (10/20/70) 5/19/2018 283.4
13. 645		Morgan Brader (7/22/97) 11/21/2020 287.8